



Course Title	Coaching
Duration	1 day
Overview	Practical skills to use immediately back in the workplace. Delegates will leave with an Action Plan of skills areas to focus on and develop over the coming months. Managers are encouraged to support this development process with their delegates.
Key Course Topics	Four main areas covered include: Coaching Skills to improve Career Outlook and future vision, for training and supportive roll, for mentoring, collaborative working and team situations.
Cost	£150 + VAT per delegate
Venue	'Bryngarw House' Bridgend
Who Should Attend	Aimed at delegates in a management or leadership role, or for those who have a mentoring relationship with peers and colleagues.
Follow Up	1-2-1 or group support available
Entry Requirements	None
Time Table	9.00 – 16.30 as per web site calendar.
Course Qualification	Course Certificate
Study Mode	Part Time, day release
Pre Course Questionnaire	None
Related Courses	

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